

# Continuing Competence Program

# CCP

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learning in action

## 2017 CCP Worksheets- NP



2017

Name

Practice Year

Role (position)

Practice Setting

**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**1) Professional Responsibility and Accountability**

*The nurse practitioner is responsible and accountable for own practice and professional conduct.*

How does each nurse practitioner standard indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?					I will focus on this indicator this year
	Not at all	Always				
1.1 I maintain my registration as an NP in New Brunswick.	1	2	3	4	n/a	
1.2 I practise in accordance with current federal and provincial legislation, professional and ethical standards, and policy relevant to NP practice.	1	2	3	4	n/a	
1.3 I attain, maintain and enhance competence within my own area of practice.	1	2	3	4	n/a	
1.4 I engage in evidence-informed practice by critically appraising and applying relevant research, best practice guidelines and theory.	1	2	3	4	n/a	
1.5 I incorporate knowledge of vulnerable populations, diversity, cultural safety and the determinants of health in assessment, diagnosis, and therapeutic management of the client.	1	2	3	4	n/a	
1.6 I integrate the principles of resource allocation and cost-effectiveness in my clinical decision-making.	1	2	3	4	n/a	
1.7 I demonstrate professional integrity and ethical conduct when dealing with therapeutic product manufacturers and pharmaceutical companies.	1	2	3	4	n/a	
1.8 I collaborate, consult and/or refer to other health care providers when the diagnosis and/or treatment plan is unclear or is not within the NP scope of practice.	1	2	3	4	n/a	

**Notes:**

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**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**1) Professional Responsibility and Accountability (Continued)**

*The nurse practitioner is responsible and accountable for own practice and professional conduct.*

How does each nurse practitioner standard indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?	I will focus on this indicator this year
1.9 I provide consultation to and accept referrals from other health care providers for clients whose health conditions are within the NP scope of practice and my individual expertise.	1 2 3 4 n/a	
1.10 I document clinical data, assessment findings, diagnoses, plan of care, therapeutic intervention (including consent), client’s response and clinical rationale in a timely and accurate manner in the client’s permanent health record.	1 2 3 4 n/a	
1.11 I document and report adverse events associated with pharmacological and non-pharmacological interventions, (including controlled drugs and substances) according to federal/provincial/territorial legislation, regulation and policy, and organizational policy (e.g. MedEffect Canada at www.healthcanada.gc.ca/medeffect).	1 2 3 4 n/a	
1.12 I adhere to policies regarding safe storage and transportation of controlled drugs and substances, if required in my focus of practice.	1 2 3 4 n/a	
1.13 I maintain and retain client health records according to relevant legislation, professional standards and employer policies.	1 2 3 4 n/a	
1.14 I practise within the context of a therapeutic nurse-client relationship, directing my friends and family members to seek care from other health care providers.	1 2 3 4 n/a	
1.15 I recognize and address situations that place me in a conflict of interest and take steps to avoid such situations.	1 2 3 4 n/a	
1.16 I act as a preceptor and mentor to nursing colleagues, other members of the health care team and students.	1 2 3 4 n/a	
1.17 I demonstrate leadership, acting as both a leader and a role model for the professional development of colleagues and the profession of nursing.	1 2 3 4 n/a	

**Notes:**

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**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**2) Health Assessment and Diagnosis**

*The nurse practitioner integrates a broad knowledge base and critical appraisal in determining and communicating the diagnosis and the client’s needs.*

How does each standard of practice indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?					I will focus on this indicator this year
2.1 I apply advanced assessment techniques, critical thinking and clinical decision making skills when assessing clients.	1	2	3	4	n/a	
2.2 I systematically collect, document and critically analyze health data by performing a holistic health assessment using multiple tools and sources of data, including: <ul style="list-style-type: none"> <li>• the cause and nature of symptoms,</li> <li>• history of comorbid conditions,</li> <li>• substance use and prescribed pharmaceuticals (utilizing a prescription drug monitoring program to evaluate a patient's medication history, when available),</li> <li>• psychosocial and psychiatric health,</li> <li>• risk assessment for misusing substances (ex: addictive behaviours and/or drug diversion), and</li> <li>• pre- and post-intervention assessments</li> </ul>	1	2	3	4	n/a	
2.3 I order diagnostic imaging tests, laboratory and other tests when clinically indicated and in accordance with <i>Nurse Practitioner Schedules for Ordering: Schedules “A” and “B”</i> .	1	2	3	4	n/a	
2.4 I explain to clients the reasons for ordering specific screening and diagnostic tests, including the associated risks and benefits.	1	2	3	4	n/a	
2.5 I ensure that diagnostic tests are interpreted and results are acted upon in an appropriate and timely manner.	1	2	3	4	n/a	
2.6 I document all diagnostic tests ordered and/or discontinued on the client’s permanent health record, including any follow-up required as a result of the test.	1	2	3	4	n/a	
2.7 I formulate a differential diagnosis by systematically comparing and contrasting clinical findings that were obtained during the interview, physical examination, diagnostic tests, or diagnostic procedures, including findings from other healthcare professionals.	1	2	3	4	n/a	
2.8 I communicate the diagnosis to clients and to interdisciplinary team members as required.	1	2	3	4	n/a	
2.9 I discuss prognosis and treatment options with the client.	1	2	3	4	n/a	
2.10 I synthesize information from individual clients to identify broader implications for health within the family or community.	1	2	3	4	n/a	

**Notes:**

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**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**3) Therapeutic Management**

*The nurse practitioner utilizes advanced knowledge and judgement in applying pharmacological and non-pharmacological interventions.*

How does each standard of practice indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?					I will focus on this indicator this year
3.1 I do not become involved in self-care.	1	2	3	4	n/a	
3.2 I involve each client in the development, implementation and evaluation of their plan of care.	1	2	3	4	n/a	
3.3 I utilize an authoritative source of evidence-informed drug and therapeutic information when prescribing drugs, blood products and other interventions.	1	2	3	4	n/a	
3.4 I prescribe drugs, including controlled drugs and substances, based on a knowledge of pharmacological and physiological principles, and in accordance with the NANB <i>NP Schedules for Ordering: Schedule "C"</i> , provincial legislation and federal legislation.	1	2	3	4	n/a	
3.5 I complete a prescription accurately and completely according to relevant legislation, standards and policies.	1	2	3	4	n/a	
3.6 I consider and discuss with the client any potential non-pharmacological alternatives for symptom management.	1	2	3	4	n/a	
3.7 I consider the known risks and benefits to the client, the anticipated outcome, and ensure safeguards and resources are available to manage outcomes when initiating interventions.	1	2	3	4	n/a	
3.8 I provide client education about pharmacological interventions, including: indications for use, expected therapeutic effect, management of potential adverse effects/withdrawal symptoms, interactions with other medications or substances, precautions specific to the drug or the client, adherence to prescribed regimen, safe handling and storage, and required follow-up.	1	2	3	4	n/a	
3.9 I respect the rights of the client to make informed decisions throughout their health/illness experience or episode, while ensuring access to accurate information is available to the client.	1	2	3	4	n/a	
3.10 I obtain and document informed consent from the client prior to performing procedures.	1	2	3	4	n/a	

Notes:

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**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**3) Therapeutic Management**

*The nurse practitioner utilizes advanced knowledge and judgement in applying pharmacological and non-pharmacological interventions.*

How does each standard of practice indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?					I will focus on this indicator this year
3.11 I perform procedures (non-invasive and invasive) for the clinical management/prevention of disease, injuries, disorders or conditions.	1	2	3	4	n/a	
3.12 I provide specific medications in small quantities in situations where a pharmacist is not available or accessible and/or it is in the best interest of the client.	1	2	3	4	n/a	
3.13 I evaluate client outcomes of selected treatments and interventions, incorporating evidence-informed assessment tools, when available (ex: wound care assessment tool or a tool for assessing risk of addiction).	1	2	3	4	n/a	
3.14 I maintain, adjust, wean or discontinue pharmacological or non-pharmacological treatments and interventions, based on the client’s therapeutic response and with adherence to the treatment plan.	1	2	3	4	n/a	
3.15 I document interventions and client’s response, in the client’s permanent health record.	1	2	3	4	n/a	
3.16 I am proactive and analytical in acquiring new knowledge, as required to provide comprehensive, quality, and evidenced-informed care.	1	2	3	4	n/a	

**Notes:**

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**NANB Standards of Practice for Primary Health Care Nurse Practitioners**

**4) Health Promotion and Prevention of Illness and Injury**

*The nurse practitioner promotes health and reduces the risk of complications, illness and injury for clients while contributing to the sustainability of the health care system.*

How does each standard of practice indicator apply to my practice?	Am I meeting expectations of this standard indicator consistently?					I will focus on this indicator this year
4.1 I articulate the role of the NP to clients, health care professionals and key stakeholders.	1	2	3	4	n/a	
4.2 I integrate the five World Health Organization principles of primary health care into clinical decision making: accessibility, public participation, health promotion, appropriate technology and intersectoral collaboration.	1	2	3	4	n/a	
4.3 I advocate for and participate in: <ul style="list-style-type: none"> <li>• health promotion and prevention strategies (for individuals, families and communities, or for specific age and cultural groups),</li> <li>• the evaluation process of health promotion and prevention strategies,</li> <li>• improved access to the health care system at the policy level,</li> <li>• the development of evidence-informed prescribing practices for the safety of prescribers, patients and the public (e.g. prescription drug monitoring),</li> <li>• the development, implementation, and the evaluation of strategies to address potential risks of harm to coworkers, clients, and the public arising from the loss, theft or misuse of controlled drugs and substances</li> </ul>	1	2	3	4	n/a	
4.4 I contribute to advancement of evidence-based practice through initiation and/or participation in research activities, presentations, or publications.	1	2	3	4	n/a	

**Notes:**

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Name 2017  
Practice Year

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Role (position) Practice Setting

**Instructions:** Create a learning plan for the standard indicator(s) that you have chosen from your *Self-Assessment Worksheet* to focus on this year. Indicate in the first column below, which standard indicator(s) you will focus on. Develop your learning objective(s) and list the learning activities you plan to accomplish. Record target dates (T) for each learning activity, and the date which indicates that the learning activity is completed (C). Evaluate your learning plan before beginning to assess your practice for the next practice year.

Standards of Practice Indicator number from Step 1	<b>Learning Objective</b>  What am I going to learn?	<b>Learning Activities</b>  How am I going to learn?	<b>Dates</b>  Targeted (T) Completed (C)



2017

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**Evaluate My Learning:**

Did my learning activities make a difference to my practice? Please describe.

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