

## Nurse Practitioner FAQ's

In New Brunswick, is an NP authorized to sign the required examination form to have a patient examined and/or admitted against his or her will, in a psychiatric facility? Is an NP authorized to sign Form 1, Form 2.1 or form 4.1 as described in sections 7, 8 and 12 of the *Mental Health Act*?

The answer is no to both questions. NPs may not sign the examination forms as outlined under sections 7.1 and 8(1), 8(4) and 12 of the *New Brunswick Mental Health Act*. The *Mental Health Act* states that a physician must personally examine and sign an 'examination certificate', for a person to be admitted involuntarily. The Act also states that the physician is responsible to perform the examination of the person who is the subject of the examination certificate.

It is not acceptable to have an RN or NP perform the examination and then have the physician co-sign the document.

The *Mental Health Act* may be retrieved at:

<http://laws.gnb.ca/en/showfulldoc/cs/M-10//20150715>

Blank forms as described in the Mental Health Act, may be retrieved at:

<https://www.gnb.ca/0055/forms-e.asp>