



How NANB Nurse Consultants Support RN and NP Practice

During your career as a nurse, you may need to consult on a practice situation or your scope of practice. Did you know that NANB nurse consultants can help identify the appropriate practice standards and guidelines to guide your decision-making and help you understand your accountabilities?

We can:

- direct you to the NANB resources that apply to your practice question, for example standards documents, practice guidelines, FAQs or fact sheets;
- explain how the Standards of Practice apply to your practice situation;
- help guide your decision-making through conversation and the application of resources;
- help you understand your accountabilities;
- refer you to additional sources of information or to another professional or organization to further assist you.

For example, if there was a question about whether an RN or an NP can perform cosmetic medical procedures, the nurse consultant would email them a link to the [Position Statement: Cosmetic Medical Procedures](#) and the [Fact Sheet: Cosmetic Medical Procedures](#). Or, if your question is about the difference between a direct order and a directive, a nurse consultant would send you links to the [Standards of Practice](#), the medication management standards and the [FAQ What is a Directive](#). The goal is to help the RN or NP have the tools they need to make the best possible decision and to help the nurse discover the resources available at www.nanb.nb.ca. **NANB Resources** → **Nursing Decisions**

RNs and NPs often hope that the nurse consultants will answer a question with a simple yes or no, but that is not always possible. Nursing practice is complex and it's up to each RN and NP to consider legislation, regulatory expectations, their practice setting and their own knowledge, skill and judgment before making any practice-related decisions. RNs and NPs are expected to determine whether they have the knowledge, skill and judgment to proceed with any task or role. What we can do is help RNs and NPs utilize the tools they need to make the best possible decisions.

Anyone with questions should visit the [Documents and Resources](#) section of the [NANB website](#) to see educational resources, such as: answers to your most frequently asked questions (FAQs); previously published *INFO Nursing* journals; *The Virtual Flame* (NANB's e-bulletin); legislation; webinars and press releases.

You can also contact us by emailing nanb@nanb.nb.ca or calling (506)458-8731, Toll-free 1-800-442-4417. We will do our best to reply by the end of the next business day. If you would like to request a presentation on a specific topic you can do so on the [webpage](#).

*NANB gratefully acknowledges the College of Nurses of Ontario for permission to adapt their resource HOW PRACTICE SUPPORT CAN HELP NURSES?